



500 Victory Road
Quincy, Massachusetts 02171
T: (617) 847-1950
F: (617) 786-9894

Dear Applicant:

Thank you for your interest in South Shore Mental Health's APA Accredited Predoctoral Internship in Clinical Psychology. Enclosed you will find a two-page application form along with a description of our training programs. The materials should be submitted with a completed "APPIC Application for Psychology Internships". The program is fully accredited by:

The American Psychological Association
750 First Street, NE
Washington, DC 20002-4242
(202) 336-5500

The last APA site visit was in December 2006.

The deadline to submit your application and supporting materials to us is **November 9, 2007**. Please be sure to *keep available the preferred date you choose for your interview* as there is little flexibility for change once applications are received. If you have any further questions please contact me directly by email (broberts@ssmh.org) or by telephone at 617-847-1911.

Again, thank you for your interest in South Shore Mental Health.

Sincerely,

Bruce Roberts, Psy.D.
Director of Graduate Student Training
South Shore Mental Health



- ♦ **IMPORTANT:** Please place all application materials in a manila file folder (do not bind) labeled with “last name, first name” on tab.
- ♦ Place the South Shore Mental Health application pages first so that we can immediately identify which of our programs interest you and find your preferred interview date easily.
- ♦ Please send all inquires to interns@ssmh.org
- ♦ Please **save your preferred interview date** as there is very limited flexibility for change.
- ♦ If you would like to be notified that your application is complete, please include a self-addressed stamped postcard with your application.

TRAINING IN CLINICAL PSYCHOLOGY AT SOUTH SHORE MENTAL HEALTH

Beginning in 1963, and continuously since then, there has been an APA-Approved Predoctoral Internship in Clinical Psychology in place at South Shore Mental Health. The program's primary model is a Professional Practitioner model. Its overarching goal is to prepare psychologists for applied clinical work in community-based multidisciplinary settings. This is accomplished through clinical supervision of direct service, didactic experience, and exposure to multiple service delivery systems in a managed care environment. Research and practice are integrated through the distribution and discussion of journal articles and other writings highlighting research contributions to the practice of psychology. This occurs in case presentations, seminars, and supervision. Intern research is not required, but supported by allowing time and resources to apply to any research that interns are pursuing (typically, dissertation research).

The specific goals and objectives of the training program are defined in a list of competencies to be achieved by completion and outlined below.

Predoctoral Internship Competencies

Domain: **Objective:**

1. *Clinical Intervention*

- a. Interns will be able to negotiate a clear treatment contract with each client, signed and documented in the clinical record
- b. Interns will provide individual psychotherapy at an entry level of professional practice
- c. Interns will provide family psychotherapy and/or consultation, as needed, at an entry level of professional practice
- d. Interns will provide group psychotherapy at an entry level of professional practice
- e. Interns will be able to consult and collaborate with other involved professionals, programs, and service agencies, as appropriate
- f. Interns will intervene in at least one clinical case in which diversity issues are identified
- g. Interns will provide clinical supervision/consultation to agency staff as appropriate

2. *Clinical Assessment*

- a. Interns will demonstrate knowledge of adult and/or child developmental issues in diagnostic reports, consistent with their client population
- b. Interns will demonstrate sufficient knowledge of theories of personality and psychotherapy as reflected in their ability to develop intervention strategies from assessment data
- c. Interns will include cultural and ethnic factors in developing diagnostic and therapeutic formulations
- d. Interns will demonstrate integration of pertinent historical and medical history in their clinical assessment and planning for clients
- e. Interns will develop skills in gathering data from and providing consultation/liaison services to other professionals, programs, or agencies
- f. Interns will be able to assess risk management issues, including self care, suicidality, and homicidality, as they evaluate mental status

- g. Interns will independently administer, score, interpret, and report on standardized psychological test batteries (approx. 1 per month), including measures of intelligence, cognition and personality functioning utilizing objective and projective methods

3. *Interpersonal*

- a. Interns will develop awareness of personal issues that may affect their work as professional psychologists
- b. Interns will develop appropriate working relationships with staff and outside professionals

4. *Administrative*

- a. Interns will provide required written documentation of all clinical work
- b. Interns will provide other administrative documents as needed (e.g. billing forms, prior approvals, etc.)
- c. Interns will maintain active clinical caseloads of sixteen hours of direct service to clients per week, on the average

5. *Supervision*

- a. Full time interns will participate in four hours of supervision each week, including at least two hours of individual supervision
- b. Interns will provide supervisors with evidence of clinical work in whatever form/medium is required by the supervisor. The supervisor will sign off on all medical records generated by the intern.
- c. Interns will be observed directly for at least one case at whatever frequency is determined to be appropriate. This may be done via video/audiotape if necessary, with appropriate permissions and releases secured by the intern.

Psychology Faculty

Esme Blackburn, Ph.D.	University of Massachusetts, Boston	Bayview - Quincy
Beth Brazin, Ph.D.	Long Island University	Bayview - Quincy
Janice Davidowicz, Ph.D.	University of Connecticut	Community Outpatient Srvs
Paul Davidson, Ph.D.	Brigham Young University	Quincy Mental Health Ctr
Sandra Ehlinger, Ph.D.	University of Rochester	Quincy Mental Health Ctr
Peter Erines, Ph.D.	DePaul University	Bayview - Quincy
Michael Fleming, Ed.D.	Boston University	Dual Diagnosis Team- QMHC
Peter Goldman, Psy.D.	American School of Professional Psychology	Community Outpatient Srvs
Anne Kearney, Ph.D.	Boston College	Community Outpatient Srvs
Melissa McHugh-Modany, Ph.D.	Illinois School of Prof. Psychology	Bayview - Quincy
Philip Quinn, Sc.D.	Boston University	Employee Assistance Prgms
Mark Picciotto, Ph.D.	Michigan State University	McLean Hospital SE
Bruce Roberts, Psy.D.	Antioch University	Director of Training
Christian Romero, Psy.D.	Mass. School of Prof. Psychology	Community Outpatient Srvs
Anne Rowland, Psy.D.	Mass. School of Prof. Psychology	South Shore Educational Collaborative
Alan Siegel, Ed.D.	Boston University	Clinical Consultant- Cambridge Hospital
Beverly Singer, Psy.D.	Mass. School of Prof. Psychology	Bayview - Quincy
Miri Skolnik, Ph.D.	Mass. School of Prof. Psychology	Bayview - Quincy
Rue Wilson, Ed.D.	Boston University	Foundations Flexible Support
Shaomin Xing, Ph.D.	University of Massachusetts, Amherst	Community Outpatient Srvs

1. CLINICAL PLACEMENTS

Training in the clinical psychology internship program involves one of two tracks, Adult or Child/Adolescent. Each includes a primary clinical placement and a secondary placement in a different service. About half of an intern's time is usually spent in the primary placement each week and the remainder is spent in the secondary site.

CANDIDATES **MUST** INDICATE THE CLINICAL TRACK (A or B) TO WHICH THEY ARE APPLYING ON THE ENCLOSED APPLICATION (Secondary placements will be discussed during interviews and assigned after matches are confirmed).

A. **Child/Adolescent Outpatient Track:**

The primary placement for the child/adolescent track is Bayview Associates at One Adams Place on Willard Street, Quincy, MA. One intern will spend their rotation at the Adolescent Acute Residential Treatment Unit at McLean Hospital SouthEast in Brockton. Another secondary placement is at South Shore Educational Collaborative; a third placement is at the Foundations Program.

B. **Adult Outpatient/Inpatient Track:**

The major placement for the adult outpatient track is Community Outpatient Services at 460 Quincy Avenue, Quincy, MA. Secondary placements are in the inpatient adult services at either Quincy Mental Health Center or McLean Hospital SouthEast in Brockton.

2. SEMINARS AND WORKSHOPS

A variety of required and optional seminars are offered to interns during the training year. Required seminars for all interns include Psychological Testing Seminar, Professional Issues & Ethics Seminar, including diversity issues, and either a Child, Adult or Behavioral Clinical Seminar. The clinical seminars routinely include material on individual psychotherapy, group psychotherapy, family therapy and behavior therapy. In addition, a variety of both brief and extended workshops and seminars are offered on issues of topical interest, such as psychological trauma, AIDS, substance abuse/dual diagnosis, psychopharmacology, physical abuse, ethnicity, and cultural diversity.

3. EVALUATIONS

Interns will be evaluated twice during the course of the training year to assure that their individual training goals are being met, as well as to assure the fulfillment of their responsibilities to the various placements. Interns will also have the opportunity to provide written evaluation to their supervisors and programs.

4. STIPENDS

The internship carries a stipend of \$18,000 along with the option of health and dental insurance coverage. (Specific costs to interns vary with plan selected.)

5. **STAFF**

Mental Health services are provided by a staff of about 500 full and part-time employees. Professional staff includes Social Workers, Psychologists, Psychiatrists, Clinical Nurse Specialists, Special Education Teachers, Speech Therapists, Occupational Therapists, and Outreach Workers. The multidisciplinary environment provides an ideal climate for training, which has always been a priority at South Shore Mental Health. Clinical training in Psychology and Social Work is offered and affiliations are maintained with a number of local colleges and universities.

PRIMARY PLACEMENTS

A. BAYVIEW ASSOCIATES (Child, Adolescent and Family)

Clients are children age 3 and older, adolescents and their families. The goal of the clinics is to promote and maintain the mental health of children, adolescents, and their families through the treatment of emotional and behavioral disturbance. Services include diagnostic evaluations, individuals, couples, and family therapy and psychiatric medication and evaluation. Consultation and education about prevention, availability of services and clinical procedures to schools, courts, police, and other agencies is also available. Within this clinic is the Family Growth Program in which some interns may train.

Clients of the Family Growth Program are children and adolescents up to age 18, and their families who have open cases with the Department of Social Services. This program provides a comprehensive array of home based services to families. All referrals come through Department of Social Services (DSS). The primary goals of the program are to preserve the family unit, prevent children from out-of-home placement and re-unify families following placement. Clients tend to have problems such as alcohol or drug abuse, child abuse and/or neglect, domestic violence, sexual abuse, inadequate parenting, serious psychiatric illness, or school difficulties.

B. COMMUNITY OUTPATIENT SERVICES (Adult)

Clients are 18 and older who have both short-term treatment needs as well as serious long-term psychiatric, emotional or interpersonal problems. The goal of this program is to promote and maintain the mental health of individuals experiencing mental or emotional difficulties through the use of multidisciplinary, multifaceted treatment and supportive services on a consistent or intermittent basis. Services are provided to assist clients in reaching highest level of functioning and reduce use of unnecessary hospitalizations serving individuals in their own community. Services include comprehensive and psychiatric evaluations, medical evaluation, prescription and follow-up, individual and group psychotherapy, supportive counseling, family support, advocacy and coordination with other community agencies and care-givers, assistance with obtaining housing and entitlements, and psychological testing when necessary.

SECONDARY PLACEMENTS

QUINCY MENTAL HEALTH CENTER: (Adult Inpatient Placement)

South Shore Mental Health maintains an affiliation with Quincy Mental Health Center for the purpose of clinical training of Psychology Interns. A 20-hour per week rotation is available to one adult program intern.

Quincy Mental Health Center is a Commonwealth of Massachusetts, Department of Mental Health facility. Located at 460 Quincy Avenue, Quincy, it consists of two physically separate but functionally interconnected units housed on one floor of the facility. The two Units are:

- 1) A 21 bed **ADULT INPATIENT** unit that provides short-term hospitalization (the maximum stay is 28 days, the average stay is 17 days), and.;
- 2) A **DAY HOSPITAL UNIT** that provides daily therapeutic group programs for all 21 Inpatients and 30 Outpatients.

MCLEAN SE ADULT INPATIENT: (Adult Inpatient Placement)

South Shore Mental Health maintains an affiliation with McLean Hospital Southeast Campus (Brockton, MA) for the purpose of training psychology interns. A 20-hour per week rotation is available to one adult program intern.

MCLEAN SE ACUTE RESIDENTIAL TREATMENT: (Adolescent Inpatient Placement)

South Shore Mental Health maintains an affiliation with McLean Hospital Southeast Campus (Brockton, MA) for the purpose of training psychology interns. A 20-hour per week rotation is available to one child/adolescent program intern.

FOUNDATIONS PROGRAM

Foundations is a flexible, community based program, which offers a variety of services to support children and teens, aged 4 to 18 years, with mental illness and/or serious emotional and behavioral difficulties, and their families. Services include family, individual and group therapy, skills groups including DBT, psychiatry, parent support, sibling support, overnight respite, recreational activities, life coaching, family activities, a drop-in center, school liaison, collaboration with community-based programs, access to 24 hour crisis support, financial assistance, and transportation assistance. All referrals to Foundations come from the Department of Mental Health.

INTERVIEW INFORMATION

A. CHILD/ADOLESCENT TRACK APPLICANTS:*

Interviews will be scheduled **ONLY** on one of the following days:

Wednesday January 9, 2008 and Thursday January 17, 2008

If you have any questions, **email** Dr. Bruce Roberts at broberts@ssmh.org

B. ADULT TRACK APPLICANTS:*

Interviews will be scheduled **ONLY** on one of the following days:

Thursday January 10, 2008 and Wednesday January 16, 2008

If you have any questions, **email** Dr. Bruce Roberts at broberts@ssmh.org

DIRECTIONS

Directions to ALL South Shore Mental Health locations are available on the web at www.ssmh.org.

*All completed applications will be reviewed by a panel of training supervisors. Applicants will be selected for interviews based upon best match of South Shore Mental Health programs and the applicant's experience and training.

Applicants selected for interviews will be notified via email between December 1-14.

Since the interview process involves opportunities to meet many of the staff, as well as the current interns, in both formal and informal meetings, as well as structured group and individual interviews, if invited, *please plan to spend between 9:00am and 2:00pm on the day you are interviewed.*



**APPLICATION FOR APPROVED
PREDOCTORAL INTERNSHIP
CLINICAL PSYCHOLOGY**

**FOR THE TRAINING YEAR
2008 - 2009**

- ♦ A hard copy of the two-page South Shore Mental Health Application must be sent along with the supporting materials listed in Section IV.
- ♦ Transcripts must be official with the seal of the registrar.
- ♦ Letter of recommendation must be signed and in sealed envelopes.
- ♦ Transcripts and letters may be forwarded under separate cover if needed, but must conform to the guidelines above and clearly indicate the name of the applicant for proper filing.

APPIC GUIDELINES

Please find these on the web at:

www.natmatch.com/psychint

PSYCHOLOGY INTERNSHIP TRAINING PROGRAM APPLICATION

This internship site agrees to abide by the APPIC Policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant prior to Uniform Notification Day.



Quincy, Massachusetts
(617) 847-1911
(800) 852-2844

I. Identifying Data

Name _____
Address _____
City, State, Zip Code _____

II. Are you or have you been a(n): (Circle Yes or No)

Member or Student Affiliate of a Professional/Research Society?	Yes	No
Author/Co-Author of a Paper at a Professional Meeting?	Yes	No
Author/Co-Author of article(s) in Professional and/or Scientific Journals?	Yes	No
Recipient of a Federal Grant or Private Foundation Award?	Yes	No
Leader in state or regional or national professional organization?	Yes	No

III. TRACK for which you are applying:

CHECK ONE ONLY - A OR B, then check preferred interview date.

A. Child/Adolescent Outpatient (Bayview Associates)

Wednesday, January 9, 2008

Thursday, January 17, 2008

B. Adult Outpatient/Inpatient (Community Outpatient Services)

Thursday, January 10, 2008

Wednesday, January 16, 2008

IV. APPLICANT REQUIREMENTS

Please include all of the following:

A. Completed Application: **(APPI and this form)**

B. Include an answer to the following question in the Goals/Interests section of the AAPI:

What specific skills and interests do you bring that prepare you specifically for work in a community mental health setting?

C. Curriculum Vitae

D. Transcripts of your graduate work

E. At least two letters of reference, at least one of which is from a clinical placement supervisor

F. One writing sample of either a diagnostic evaluation or a psychological testing report

G. Verification of Internship Eligibility and Readiness

IMPORTANT: REFER TO INTERVIEW INFORMATION SHEET FOR DATES OF INTERVIEWS.

INTERVIEWS WILL BE SCHEDULED ON SPECIFIC DATES ONLY.

PREFERRED INTERVIEW DATE: _____

(Remember to save this date!)

DEADLINE FOR SUBMISSION OF ALL MATERIALS IS NOVEMBER 9th.

Signature: _____

Date: _____

PLEASE SEND APPLICATION AND ALL MATERIALS TO:

Bruce Roberts, Psy.D.
Director of Graduate Student Training
South Shore Mental Health
500 Victory Road
Quincy, MA 02171